

## Checklist for Preschoolers - Age 4-

Occupational Therapy Department

Scn-4

These activities are typical of a child who is 4 years old.

- ✓ Pencil Skills
- ✓ Demonstrates a hand preference
- ✓ Grasps crayon with index, middle and long fingers
- ✓ Wrist movement directs pencil
- ✓ Copies cross
- ✓ Traces square and triangle
- ✓ Colours within the lines
- ✓ Draws a person with a head, body, arms and legs
- √ Visual Motor Skills
- ✓ Cuts out a square or triangle
- ✓ Builds varied designs with blocks
- ✓ Picks up three beads and moves them into the palm of the same hand

✓